

17955 Leslie Street
Newmarket, Ontario
L3Y 9A4

PH: 905-853-5009
FAX: 905-853-9391

EMAIL:
st.elizabethseton@rogers.com
Website:
www.stelizabethsetonparish.com

Mass Times

Weekend Mass Schedule:

Saturday: 4:30pm

Sunday: 8:00am, 9:30am & 11:00am

*Polish Mass: 5:00pm on the last Sunday
of each month.

Weekday Mass Schedule:

Monday to Thursday: 9:00am

St. Vincent de Paul Society:

(905) 898-4264

Catholic Community Services

of York Region: (905) 770-7040

Catholic Cemeteries

Archdiocese of Toronto: (905) 889-7467
St. John's Cemetery (905) 898-4137 ext. 226

New Parishioner?

Welcome to St. Elizabeth Seton!

If you would like to register,
forms are available at the
church entrance or the parish office.

Parishioners with a change of
address, please inform the
Parish office.

Envelopes may also be
acquired at the office.

Please introduce yourself to
Fr. Roy Roberts after Mass!



Parish Schools

Good Shepherd School
(905) 895-0303

St. Elizabeth Seton School
(905) 853-0340

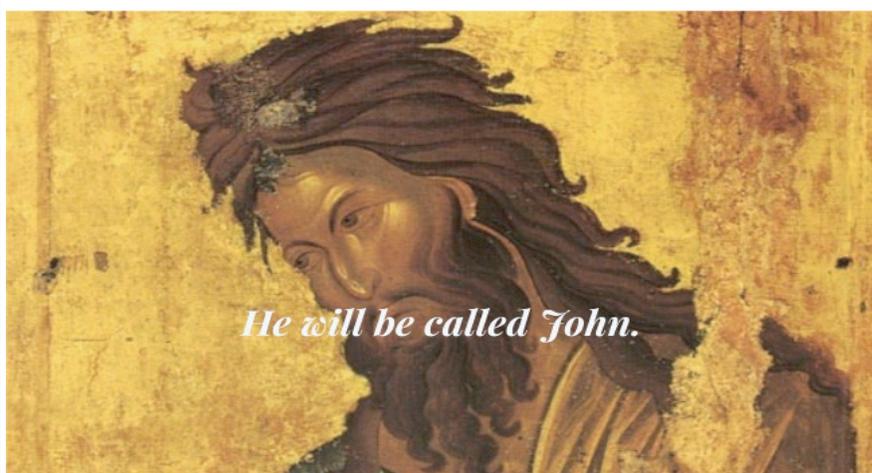
Our Lady of Good Counsel
(905) 478-4242

Sacred Heart High School
(905) 895-3340

St. Elizabeth Seton Parish

The Nativity of St. John the Baptist

June 24, 2018



He will be called John.

Pastoral Team

Fr. Roy Roberts, Pastor

Deacon Marian Pawliszko

Deacon Stephen Pitre

Parish Staff

Parish Administrator ~ Ann Lynch

Sacramental Coordinator - Grades 2 & 7 ~ Jennifer McAvoy

Rectory Administrator—Nancy Rojas

Regular Office Hours

Mon. 9:00am—4:00pm

Tues., Wed., and Thurs. 9:00am—8:00pm ~ Fri., 9am—1pm

Sat. 2:00pm—6:00pm Sun. 8:00am—1:00pm

Sacrament of Baptism or Marriage:

Please contact the office.

One year notice for
Sacrament of Marriage.



Sacrament of Reconciliation:

Saturday ~ 3:00 - 3:30 pm
Or By Appointment

For those interested in the Rite of Christian Initiation of Adults & Children
of Catechetical age please contact Debbie Walsh

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For more information on bookings
call 905-853-5009 or
email st.elizabethseton@rogers.com

Mass Intentions

Monday June 25th
 9am: **Julio Perez (I)**
 Req: Sandra Perez

Tuesday June 26th
 9am: **Syd Woolnough (I)**
 Req: Ann Woolnough

Wednesday June 27th
 9am: Ruth McVettie (D)
 Req: John & Wilma Bloye

Thursday June 28th
 9am: **Eileen O'Toole (I)**
 Req: Maureen Brosnahan

Monday July 2nd
 10am: **Bridget Brosnahan (I)**
 Req: Maureen Brosnahan

Tuesday July 3rd
 9am: **Maria Manuela Gaspar (D)**
 Req: Luis Gaspar

Wednesday July 4th
 9am: **Susan Piccione (D)**
 Req: Chris & Teresa West

Thursday July 5th
 9am: **Kay Tubbs (D)**
 Req: Carolyn & Hugh McCartney

Monday July 9th
 9am: **Fred McDonnell (D)**
 Req: John & Wilma Bloye

Tuesday July 10th
 9am: **Sue Edicik (I)**
 Req: Evelyn Melvin

Wednesday July 11th
 9am: **Rosario Fernandes (I)**
 Req: Martha & Ron Fernanades

Thursday July 12th
 9am: **Ralph Woodbury (D)**
 Req: John & Wilma Bloye

*Sunday Masses are for
 ALL GOD'S PEOPLE*

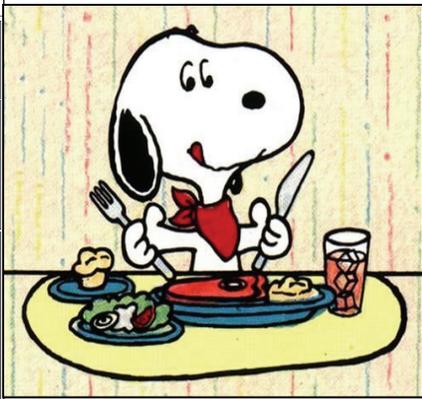
Ruminations

Shock and disgust were the two emotions that jumped to the fore. No I'm not referring to any of the World Cup Soccer upsets. I'm referring to a nutrition report I had. In the past I have had my hair analyzed and discovered some interesting things happening at the microscopic level of my body. It is more of a mineral analysis, deficiencies and over abundances. Well, it was time to have my blood submitted to tests to see if I had any food sensitivities, and what they might be. Now straight off, food sensitivity is not the same thing as an allergy. Although they both have dire effects on the body, allergies can be immediately life threatening, while the sensitivities cause internal inflammation and ergo long term consequences as the body is pushed into over drive in dealing with combatting the invasion of things the body rejects. I had an inkling that some foods, foods that I loved very dearly, were having undue reactions, and so I wanted to be clear as to what I could/should be eating to prevent the inflammation, because as science is discovering, inflammation is the root of all disease, well mostly. So I had to squeeze drops of blood into a vial that was then analyzed for 200 foods. As much as I was hoping to see things like fish, and cauliflower and other yucky foods in the red zone, I was shocked to discover that I had thirty red zone foods that are not healthy for my body. Not surprising was the listing of dairy and wheat. Recent information has indicated that neither of them should be part of our diet. And let's just say that there was no disappointed when radishes, cabbage and beans, especially red kidney beans ended up on the list. Of course, as I expected all manner of nuts have become verboten, cashews, brazil nuts, hazelnuts, and pistachios, and almonds too, even though they have been recommended as diabetic friendly snacks. But what has thrown my culinary regime into a tailspin was the elevated sensitivity to barley, peas, rice, egg whites, and of all things, potatoes. I just assumed that potatoes were written into the DNA of any and every extracted Irish person. When it showed up in the red zone, I am sure I heard my ancestors groaning in their graves at the thought of it, of all that is sacred and holy from the glorious emerald isle. Then the yellow zone foods included celery and flax seed. It was very mind boggling. Now thirty foods is a larger number for sensitivities. My nephew had four. But that means that there are lots of safe foods, or green zone foods. You may be happy to know that I can still have wild boar, cuttlefish, ostrich, alpha-lactalbumin (no idea what it is) and buffalo milk – ain't gonna happen. So as life ambles along, it really is a reminder how fascinating and fragile, yet resilient and resourceful our bodies are. And it goes to prove the point that I am just very delicate and fragile, at least nutritionally. *Fr. Roy*

Parish Giving

The Weekend of June 16/17
 Sunday Offertory \$ 5,962.40
 SES Building Fund \$ 455.00

Alcoholic Anonymous
 meet every Saturday at 8pm
 Knights of Columbus room.



Announcements and Events...

Sacramental Corner.....

This will be our last bulletin until July 14th/15th

Coffee Sunday will return in September

Summer Office Hours

Monday to Thursday 9am to 2pm
 Friday 9am to 12pm
 Saturday 2pm to 6pm
 Sunday 8am to 1pm

Office Closures:

Sunday, July 1st - Canada Day
 Monday, July 2nd
(10:00 am morning mass)
 Monday, August 6th - Civic Holiday
(10:00 am morning mass)
 Monday, September 3th - Labour Day
(10:00 am morning mass)

The Church and Chapel will be open for prayer daily during office hours, please enter through the parish office doors.

Weekday morning Mass will be Monday to Thursday at 9:00am unless listed as above
 Saturday and Sunday Masses - regular schedule time.



Cemetery Mass

The annual Mass for the Faithful Departed will be held on Wednesday August 15th at 7pm at St. John's Cemetery. In case of Inclement weather, the mass will be moved to St. John Chrysostom Church.



Baptisms

If you are seeking the sacrament of Baptism for yourself or your child please speak with Fr. Roy after Saturday or Sunday Mass.



During the summer months, July and August, you can register your child for elementary school at the York Catholic District School Board, 320 Bloomington Rd., W., Aurora, Monday to Thursday July 4th to August 25th, 8:30am to 4:30pm. For detailed information regarding admissions criteria and the documents required for registration call 905-713-1211 or visit www.ycdsb.ca.

On behalf of **Canadian Food for Children**

Thank You

for your generous donations of dozens of pairs of shoes, boxes and boxes of salt and bars and bars of soap. You are making a difference in the lives of poor families around the world.



ATTENTION

Parents of grade 1 and grade 6 age children



Keep an eye on the bulletin throughout the summer for important information & meeting dates regarding our parish's First Communion and Confirmation Programs.

Our Registration process begins in September.

If your child missed celebrating First Communion or Confirmation (in grade 2 and 7), you are invited to register this year.

If you have any questions please contact Jennifer McAvoy at jennifermcavoy@rogers.com



Throughout the year so many of our parishioners, adults and youth, have dedicated their time, talents and treasures to making our parish community a warm and welcoming place for all people. Thank you so very much to everyone for being 'gift' to each other and for building God's kingdom here at St. Elizabeth Seton

Newmarket Food Pantry



The following items are those most needed by the Newmarket Food Pantry;

- juice boxes
- peanut butter and jam
- canned stew, chili and soups
- nutritious lunch snacks
- toiletry items
- baby formula, food and diapers
- junior size baby food (fruit)
- cat & dog food

These items can be dropped in our **Food Box** located in the foyer or for more information go to www.newmarketfoodpantry.ca

Let us pray for the sick...

Michael Whelgan
 Mavis Solomon
 Maria Perek
 Olive Hutton
 Alana Brown-Wallace
 Janet Brockway
 Wally Pottie
 Greg Quattrin
 Carlos Abreu
 Elena Olano
 J. Legari
 Mario Aloom
 Mary Mead
 Tarcisia Borg

Maria DeRuiter
 Pat Kramer
 Martha Jackson
 Aida Vamvouras
 Mary Ann Ferrer
 Colleen O'Connor
 Vince Masci
 Catherine Kirk
 Dariusz Kirejczyk
 Larry Yarush
 Alain Gerai
 Betty Loft
 Lyle Lachambre
 Stanley Perek
 Jim Kehoe

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